



Call Today  
1-800-409-3350

### Take Control of Your Back Pain

If you're tired of back pain controlling your life, try a SwingSeat and feel the difference motion can make. You have so much to gain. Simply call the toll-free number and we will answer all your questions and explain how SwingSeat might help you. Then, if you agree, we can ship a SwingSeat via UPS to your home or office.

### Customer Service, Quality Support and Warranty

All of us at SmartMotion Technology are committed to helping you find relief from back pain and making your workplace more comfortable and productive. Our commitment includes a 5 year limited warranty against manufacturing defects. You can purchase with confidence.

### 90 Day Money-Back Guarantee:

*You have every right to be skeptical about any product that claims to help you find relief from back pain because back pain is one of the most difficult problems to deal with. At SmartMotion we want you to be comfortable with our chair and with the purchase of it. That's why we offer SwingSeat with a 90 Day Money-Back Guarantee. Try SwingSeat, in your home or office, for 90 days and if you don't think it has helped your bad back or if you want to return it for any reason, call us to arrange for the return and for a refund of the full purchase price including your initial shipping and handling charges. We are so confident that our product will help you, that we can make this most generous guarantee. So put us to the test on your bad back and see for yourself what SwingSeat can do for you.*



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*The SwingSeat from SmartMotion*

# The Best Chair For Bad Backs



*"After thirty years of running, 20 years of weight training, and 56 years of age, I have level five severe lumbar degenerative disc disease with multiple ruptured discs. The SwingSeat makes me comfortable and relieves pain..."*

*- Jon Sterngold, MD*



Dear Back Pain Sufferer,

If you sit at a desk and particularly if you work at a computer, you know how damaging sitting can be for your back. In fact, sitting in the same position is one of the worst things you can do for your back.

**But it doesn't have to be, thanks to SwingSeat.**



SwingSeat was developed with the goal of using the latest ergonomic science combined with smart engineering to develop a chair that made sitting and working at a desk healthier, more comfortable, less tiring, and with less potential for pain. The key to SwingSeat is movement because movement keeps your muscles, ligaments and tendons flexible and properly supplied with nourishment for pain-free work.

For the last five years, thousands of people have purchased SwingSeat and it has been thoroughly tested and evaluated by leading ergonomists, doctors, chiropractors, and facilities managers. The overwhelming conclusion is that SwingSeat has been consistently successful in helping people with bad backs function better with less pain while sitting than they thought possible.

The best and easiest way to find out if SwingSeat will help you get back pain relief is to take advantage of our 90 day money-back guarantee.

Quite frankly, I couldn't afford to make this offer if I wasn't convinced that you will love your SwingSeat and once you try it you will never go back to an ordinary (or even a high-priced) office chair.

Please call us at 1-800-409-3350 and let's talk about how SwingSeat can help you.

Best regards,

Ron Kleist, CEO  
SmartMotion Technology

## The Science Behind SwingSeat

### The Cycle of Back Pain

Your back is a complex structure designed to make it possible for you to accomplish an infinite number of diverse tasks that contribute to a full and enjoyable life. But it is also vulnerable to physical trauma and

*There is no other chair  
in the world like it.*

the stress, tension and sitting work habits of modern life. Once the cycle of pain starts you begin to compensate for it in order to guard against further pain. As your muscle tension and stress increase, your muscles tense, blood flow is restricted, painful waste products build up, and joint movement is reduced. The cycle of pain continues and gets worse. SwingSeat actually helps you break the cycle of pain and find relief.

### Motion is the Key to the Cycle of Wellness and Comfort

Doctors, chiropractors and ergonomists know that motion leads to muscle relaxation, increased blood flow, less compression of discs, and better spinal alignment. Because SwingSeat effortlessly encourages motion all day long, you'll notice that your back almost immediately begins to feel better, more relaxed, more flexible, more comfortable.

### Patented, Unique Design

The subtle motion and full support provided by SwingSeat's patented design will help you feel more energized, increase your productivity, and make your entire work and non-work life more pleasant and enjoyable. The patented suspension system guides the path of motion of the backrest and seat around the dynamic center of your body so your spine, thigh, and hip alignment are always biomechanically correct. Amazingly, even when you are working in one position, such as at a keyboard, for prolonged periods of time, the micro movements that are a natural part of the SwingSeat sitting experience are keeping you comfortable and healthy.



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## Why SwingSeat is the Best Chair for Bad Backs

### Your Body Craves Motion

Your body abhors a static position like sitting and wants to freely move hundreds of times per hour. Even subtle movement provides huge benefits in back health. SwingSeat's

unique, patented design facilitates movement from small hardly perceptible ones to full recline and incline position changes.

### The Secret is Dynamic Counterbalancing

The seat and the backrest swing from a pivot point that matches your body's center of gravity and its center of motion, so they rotate in perfect concert with you. You are free to move while keeping a comfortable and biomechanically correct posture.

### True Lumbar Support

Whether you're on the keyboard or on the phone, you'll experience full lumbar support that follows the natural path of human motion.

### SwingSeat Self-Adjusts

You'll never have to fuss with seat or backrest adjustments because SwingSeat simply moves as you move, providing support and comfort in all positions.

### "No Slouching" in SwingSeat

Men tend to slouch when they sit. The unique design of the SwingSeat mechanism makes it virtually impossible to slouch and helps all users maintain good posture throughout the day, protecting their back from pain.

### No "Perching" while Working

Because the seat and the backrest move independently, your back is always supported as are your hips and thighs no matter how you

choose to work. This is especially important for women who often sit on the edge of their work chairs.

### Comfortable Cushions

SwingSeat hand upholsters its cushions using high-quality foam and upholstery for comfort, good looks, and durability.

### Fits Everyone

SwingSeat is ideal for everyone between 5'1" and 6'4." You can personalize your SwingSeat to your body and your work space and then SwingSeat automatically adjusts to your movement.

### Ships UPS, No Tools, Easy Assembly

Your SwingSeat will be delivered by UPS right to your home or office and you can assemble it in less than 5 minutes with no tools. Simply snap parts in place and turn a few knobs and you are ready to enjoy the best seat in the house or office.

### About SmartMotion Technology

SmartMotion, the maker of SwingSeat, is a leading innovator in the design and manufacture of motion-based ergonomic chairs and equipment to improve the health, efficiency and quality of work life (and play) by allowing unrestricted natural human motion. Our products counterbalance natural human motion so users can move with the same lumbo-pelvic rhythm they experience when walking, swimming or dancing. All SmartMotion products solve functional problems simply and elegantly. Our business policy is to design and manufacture products that balance affordability, durability and classic good looks for all office settings.

**SPECIAL OFFERS  
AND VOLUME  
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## Satisfied Customers Say It Best

*"The SwingSeat is working very well for me. I always feel supported and have easily found my comfort setting. **My back pains are gone**, after my first 2 weeks of use!" Thanks.*

*—Bill Gibbard, Cardinal Management Solutions*

*"The dynamic back support it provides results in **unparalleled comfort** for the lower back and its automatic range of adjustments are a delight."*

*—Harry G*

*"Your chair was brought to my attention by a gentleman who teaches a lot of people how to use various pieces of computer software. It's hard to believe I would never have known of this chair if not for a casual conversation.*

***I can't sit without it!***

*—Karen Swartz  
Programmer, HP*



*"Your **support and follow-up are outstanding**. I thought customer service was dead but you guys are great. Needless to say, I couldn't be happier (actually I could have been if I had this chair 2 years earlier!) Thanks so much."*

*—Alyssa, Washington Small Biz owner*

*"It was a tough decision to spend that kind of money on something I could only see but not touch but I have no regrets. There are **millions of people that could benefit from this chair.**"*

*—John D. Colussa  
Retired but 12 hours a day in front of my PC*

*"I purchased SwingSeat and sold my Aeron one week later...**the differences are substantial.**"*

*—Steven M., Exec Sales Director.*

## Medical Professionals and Ergonomists Rave



Dr. Snook, a Certified Professional Ergonomist, was Professor at Harvard School of Public Health's Department of Environmental Health. He was also Vice President of Liberty Mutual Insurance's world famous ergonomics research lab in Hopkinton, MA. Dr. Snook is widely recognized for his pioneering use of psychophysics in the ergonomics world and creation of the "Snook Tables".

*"I have been using a SwingSeat for many years. It gives me the comfort and support that I require for long hours at the computer."*

*—Dr. Stover H. Snook, PhD*



Dr. Sterngold is a graduate of Stanford Medical School, licensed by the State of California, and for many years headed the emergency room at Willits Hospital.

*"As a physician who has treated thousands of people suffering with back pain over a 30-year career, I can tell you that the gentle gliding motion of the SwingSeat is ideal for back health and back pain recovery. My own SwingSeat has gotten me through almost 10 years of challenging back pain. When my wife recently went through hip replacement surgery, my SwingSeat was the only chair she found that enabled her to work at her desk. I highly recommend SwingSeat."*

*—Jon Sterngold, MD*



Dr. O'Halloran, a Doctor of Chiropractic, built a highly successful practice in Foster City California treating patients, many of whose lives were ruined by the pain and limitations brought on by injuries that were entirely preventable. Her experience in treating patients and her medical training led her become a certified injury prevention specialist and establish Balance Motion Health, a comprehensive injury prevention organization that helps employers comply with the ergonomic and injury prevention component of their Injury and Illness Program (IIPP).

*"The SwingSeat is the first office chair I have found that simultaneously provides the stable support and dynamic motion critical to your comfort and long-term health. Sitting in a conventional ergonomic chair locks out natural human motion and puts a compressive loading force on the discs in your back, leading to nerve pressure and resulting back pain. The SwingSeat produces the same gentle motion used to treat patients with back pain while also making it possible to tone and strengthen core muscles while seated at work. I highly recommend SwingSeat to all my clients and for anyone who must work long hours in a seated posture. I have one at home."*

*—Dr. Sheila O'Halloran, DC*

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