

LifeMapping[®] – everyone has a story to tell

The program involves the elicitation of **life experiences in a narrative format** for personal analysis.

In counseling

- career counseling and selection, employment counseling
- retirement counseling
- mentoring
- counseling of individuals or couples

In teaching and research

- teaching applications including educational and psychological, or gerontological research
- an interviewing technique
- life history development
- developing family histories
- story development

In personal development

- the development of autobiographical materials
- developing career pathways
- character development
- corporate and personal reflections
- career summary.



LifeMapping[®] Career Change

Self-Assessment

- Assessing Accumulated Skills

Experience and Knowledge

- Locating Self in the World and Work

Adjustment

- Accepting and Managing Change
- Independence and Initiative

Anticipation

- Crisis, Opportunity and Outcome
- Lifelong Learning and Self-Advancement



LifeMapping[®] Human Resources

Equity Issues

- Policy Development and Implementation
- People, Processes and Practices

Facilitation of Training and Re-Training

- Lifelong Learning and Work Survival
- The Learning Self

Work-Role Change

- Content and Process - Experts in Disguise
- Proficiency, Planning and Potential

Team-Building

- Roles and Contributions
- Self, Others, Opportunity and Outcomes



LifeMapping® Leadership

Preparation

- Orientation, training and Development
- Anticipating and Planning Career Pathways
- Acknowledging Formal and Informal Networks and Mentors

Renewal

- Work-Life Re-Assessment
- Anticipating and Managing Change

Professional Roles

- Chaos to Order and Predictability to Control
- Goal Setting and Professional Pathways

Reflection

- Meaning Making and Work Life
- Summing up: Between Wonder and Wisdom

Team-Building

- Roles and Contributions



Lifemapping[®] Retirement

Career disengagement

Welcome to the Light at the End of the Tunnel... This topic is best suited for those facing retirement in 5 or so years.

- Take this Job and Love it
- I have Always Wanted to Say...
- People, Process and Practices

Work-Life Closure and Adjusting

- the Morning After
- From Who's What to Who's That
- Who am I? - Ex's and Oh's

Inclusive Transition

- Support Systems
- Re-Defining the Self

Mentor and Muse versus Post-Career Blues

- Gifts that Keep on Giving the Legacy of Wisdom