

# Invitation: Welcome to Finland- Challenges in settling down to Finland

The Family Officer arranges an evening for all foreign born spouses and partners of all civil servants of the Ministry for Foreign Affairs on Wednesday, 9th of November 2011.

This informative event will be held from 5 pm to 7.30 pm in the lobby of the Department for Communications and Culture, address; Kanavakatu 3 C, Katajanokka.

Please send your registration to the e-mail address [perhe@formin.fi](mailto:perhe@formin.fi) by Friday, 4<sup>th</sup> of November 2011.

## Program

- Klo 17.00      Opening words  
Family Officer, Jaana Mäkelä
- Klo 17.10      High-quality tutoring and support for students of all ages,  
Member of the Board, Tuomo Lähdeniemi, TutorHouse Ltd
- Klo 17.30      Psychological challenges in settling down in Finland  
- Dealing with culture shock and managing it (adults and children)  
- Understanding Finnish culture and values, socializing with Finns  
- Practical advice for everyday life  
Psychologist, Ferdinand Garoff
- Klo 18.15      Coffee break
- Klo 18.30      Finnish citizenship, application process and requirements for those married with Finnish citizens  
Finnish Immigration Service,  
Senior Adviser, Karolina Hyttinen